

Get To Know Your PACE Physician

Vanessa J. Mandal, MD, CMD, MS

InnovAge California PACE
(Program of All-inclusive Care for the Elderly)

“Team intelligence is key in the person centered care of frail older adults. My philosophy with healthcare teams is care that centers on improving patient safety and functionality. PACE promotes a holistic approach with attention to the wellbeing of the participant and the stability of their support system.”

— Dr. Vanessa Mandal

Dr. Mandal earned her Medical Degree from Hahnemann University School of Medicine in Pennsylvania and a Master of Science in Health Administration and Inter-Professional Leadership at University of California, San Francisco. She completed a residency in Internal Medicine at Albert Einstein College of Medicine in New York and is board certified in Geriatrics and Internal Medicine. Dr. Mandal recently worked for Dignity Health in Sacramento to build community based palliative care. She served as Medical Director at HCR Manor Care leading an interdisciplinary team of professionals in incorporating medical, psychosocial, emotional, and spiritual aspects of care into person centered clinical decision making.

She was recognized as Physician of the Year by the California Association for Health Services at Home (CAHSAH) for her innovative work in healthcare with Eskaton Home Health Agency. She is an Assistant Professor with University of California, Davis. Dr. Mandal, her spouse and three children enjoy gardening, cooking, reading, and travel.